

Welcome!



HELPING HANDS Holiday 2021

Sharing our holiday cheer for the
upcoming year.

*We send you all our very
best wishes this holiday
season.*

*We all could use a big
hug this year. Our team
wants you to know that
seeing each of you this
past year meant so
much to us and in a way
your visits were like a
hug to us.*

Here's to 2022.



Gift Ideas For Loved Ones

A gift certificate for stocking stuffers. The left side features three gold and blue Christmas ornaments hanging from a pine branch. The right side contains text and the HANDS on HEALTH logo.

*'Tis the Season
for Sharing*

*Purchase a
series of 5
massage
sessions and
share them as
gifts for
friends and
family!*

\$340
60-minute
series

\$420
75-minute
series

\$480
90-minute
series

**HANDS
on
HEALTH**

*Printed gift certificates for stocking stuffers are available upon
request and they can be purchased online at the link below.*



For many on the team, this past year has been a whirlwind. Here's one of the highlights from the team:

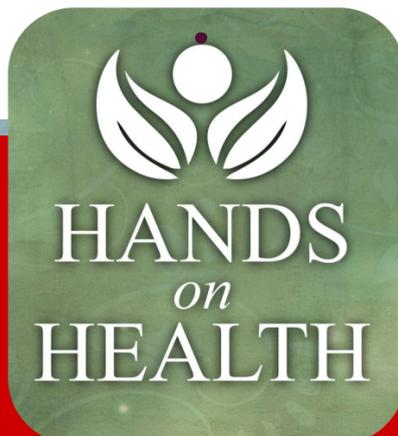
Sara welcomes baby Roland to her family. They are all doing very well and wish you all a happy new year.



“Here we come 2022!”

The team looks forward to seeing you all in the new year.

Best wishes from Tom, Tammy, Tammy, Tammy, Laura, Jean, Sara, Alex, Cindy, Sandra, Kyler, Bailey, Dawn, Stacey, Jessica, Nicole, Charla, and Barbara.



Text: 919-694-1354

<https://go.booker.com/location/hohcary/buy/gift-certificate>

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